

WINTER WISH LIST

Needed Seasonal Items

Help our community members stay warm, dry, and protected from extreme temperatures this season by providing the following essential items.

MEN & WOMEN'S

- Underwear
- Gloves
- Scarves
- Toques
- Backpacks
- Warm Socks

HYGIENE

- Travel-Size Shampoo & Conditioner
- Body Lotion
- Razors

- Body Wash
- Lip Balm
- Leave-in Conditioner
- Hairbrushes
- Deodorant
- Nail Clippers
- Tweezers
- Toilet Paper
- Cotton Swabs
- Toothbrushes
- Toothpaste

- Shaving Cream
- Baby Wipes
- Tissue (Travel-Size)

OTHER:

- Hand/Foot Warmers
- Small Flashlight with Batteries
- Reusable Bags
- Deck of Cards
- Pens & Notepads

5 Years in Red Deer!

As we celebrate our fifth year of growing hope in Red Deer, we want to give a huge thank you to our amazing donors, volunteers, and community.

Because of your support, over the past five years we have been able to serve over half a million meals to those in need, while also providing valuable programs and services such as health and wellness, advocacy, and spiritual care.

We would not be able to serve our most vulnerable community members without your generosity and commitment. Thank you for helping us build hope and well-being for those experiencing poverty and homelessness in Central Alberta!

THANK YOU FOR YOUR SUPPORT AND COMMITMENT TO SERVING OTHERS THIS SEASON

Drop-Off Information

The Mustard Seed Community
Support Centre
6002 54 Ave
Red Deer, AB T4N 4M8
Mon. - Fri.: 8 a.m. - 4 p.m.

Please ring the doorbell at the
front door for donations

TheSeed.ca

