

2021

# Summer Wish List

## Survival Items

- Bottled water
- Hats
- Sunscreen lotion (non-aerosol can)
- Bug spray (non-aerosol can)
- Sunglasses
- Summer clothing (men and women)
- Thin socks
- Sandals or flip flops
- New unisex underwear
- Women's bras
- Juice boxes
- Granola bars
- Umbrellas and rain wear

## Wellness Care Kit

Our residents are incredible people who have overcome countless hardships and continue to bravely cope with the traumas of their pasts, many of them coming from chronic homelessness.

Because of you, our residents will know they are cared for when you contribute towards a wellness care kit.

Please visit [TheSeed.ca/wellnesskits](https://www.theseed.ca/wellnesskits) for more information.

**Donations accepted until July 16, 2021.**

## School's Back – Build a Backpack!

Due to the economic hardships of the pandemic, this year will be harder for parents than previous years.

As a result, many families struggle to equip their kids with the tools they need to succeed in the classroom.

At The Mustard Seed, we recognize this great need to help our community's kids and provide them with the best chance at learning. We are committed to reducing the financial burden and stress for struggling families in need.

Please visit [TheSeed.ca/pac](https://www.theseed.ca/pac) for more information.

**Donations accepted until August 7, 2021.**

**All donations can be dropped off at:**

**Community Support Centre**  
10568 114 St NW  
Edmonton, AB T5H 3J7

T: 780.426.5600  
E: [InfoEdmonton@theseed.ca](mailto:InfoEdmonton@theseed.ca)  
Mon. - Fri. 8:30 a.m. - 4 p.m.

[TheSeed.ca](https://www.theseed.ca)

  
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