

2022

Summer Wish List

Survival Items

- Bottled water
- Toilet paper
- Deodorant
- Underwear (Men's sizes S to XL / Women's sizes S to M)
- Kleenex (individual packs)
- Travel-size shampoo & conditioner
- Travel-size body wash
- Baby wipes
- Reusable bags
- Insect repellent
- Travel-size sunscreen
- Q-Tips
- Toothbrushes
- Flip flops (Men's sizes 7 to 13 / Women's sizes 6 to 10)
- Hats
- Backpacks

School Lunch Program

- Small bags of chips
- Cases of pop (for BBQs)
- Granola bars
- Fresh fruit

Did You Know?

When the heat dramatically increases during the summertime, individuals and families who are experiencing tough times are at risk. Your generous support helps provide those who are in need with the essential items to get them through the season. **Thank you for your compassion and commitment to helping others!**

All donations can be dropped off at:

The Mustard Seed Community Centre

6002 54 Ave

Red Deer, AB T4N 4M8

Mon. - Fri. 8 a.m. - 4 p.m.



Scan for our
list of urgently
needed items

