

Christmas Wishlist

2020

Christmas in the bag

Help us fill toiletry bags with items from the list below to give someone in need the basic necessities to get through the season.

- Thermal/wool socks
- Gloves
- New underwear - men and women
- Hygiene items
(Toothbrush, toothpaste, soap, shampoo and conditioner, deodorant, hairbrush/comb, lip balm, disposable razors, nail care items, etc.)
- Travel mug (no ceramics please)
- Christmas card with a note of encouragement (sign with first name only)
- Foot/hand warmers
- Reusable face mask

Keep people warm this winter

Winter can get brutally cold here in Kamloops. Drop off any of the following items to keep people warm this winter:

- Winter jackets - men and women
- Gloves
- Winter boots
- Long johns
- Sweaters
- Toques
- Mylar blankets

Please do NOT provide:

- Watches
- Candy
- Chocolate

* Please do not include food items or items with an alcohol base such as mouthwash, hand sanitizer, or perfume/cologne.



Donate to our Thrift Store:

Our Thrift Store is more than just a clothing store: it's an opportunity. It's a place where you can find all sorts of treasures, whether that's a new-to-you shirt, a stand-up mixer, or a vintage typewriter. It's also a place where you can support those trying to get back on their feet, because when you shop at our Thrift Store, the proceeds go back into programming at The Mustard Seed.

During the holiday season, the demand for our services increases significantly, and our need for your support continues to grow. However, our needs may be difficult to predict due to the uncertainty of the pandemic. We encourage you to visit TheSeed.ca where all our current volunteer opportunities, much needed items, and more, will be available.

Drop-off location

The Mustard Seed Outreach Centre

181 Victoria St. W.

Monday - Saturday 11 a.m. - 6 p.m.

A simple gift of \$45 can make a Christmas wish come true for those in need this holiday season by providing a warm, nutritious meal and safe place to stay. Give today.

TheSeed.ca

