

Christmas Wishlist

2020



Build a backpack

Fill a backpack and give someone in need the basic necessities to get through the season.

- Hygiene items
 - Toothbrush, toothpaste, and floss
 - Soap
 - Shampoo and conditioner ★
 - Deodorant ★
 - Hairbrush/comb
 - Lip balm
 - Disposable razors ★
- Travel size tissue
- Toilet paper
- Gloves
- Warm hat or toque
- Reusable shopping bags
- Laundry soap single loads
- Christmas card with note of encouragement
- Reusable face mask

★ indicates urgently needed items



Shoes & winter jackets

Give a pair of shoes/boots and a winter jacket to keep our guests warm, dry, and protected from the extreme temperatures of the season.



Warm feet for the street

Stuff a sock to supply those in need with crucial items needed for the holiday season. Include the matching pair inside the sock!

- Lotion
- Feminine hygiene products
- Travel size hygiene products
- Hand warmers
- Socks
- \$5-10 gift cards (coffee, movies, food - please write the amount on the card)
- New underwear - men and women
- Lip balm
- Comb or brush
- Ear plugs

Please do NOT provide:

- Watches
- Candy
- Chocolate

* Please do not include food items or items with an alcohol base such as mouthwash, hand sanitizer, or perfume/cologne.



Thank you for your incredible support

Over the past year, we have faced challenges that we could have never imagined. Because of you, we were able to keep all five locations operating and providing essential services to those in need during the pandemic.

During the holiday season, the demand for our services increases significantly, and our need for your support continues to grow. However, our needs may be difficult to predict due to the uncertainty of the pandemic. We encourage you to visit TheSeed.ca where all our current volunteer opportunities, much needed items, and more, will be available this holiday season.

Drop-off location

Mustard Seed Community Centre

503A Allowance Ave SE, Medicine Hat AB

Monday - Saturday: 8 a.m. - 2 p.m.

A simple gift of \$45 can make a Christmas wish come true for those in need this holiday season by providing a warm, nutritious meal and safe place to stay. Give today.

TheSeed.ca

