

## MEDIA ADVISORY

September 16, 2021



### Inaugural Harvest TakeAway Event Comes to Kamloops

**Kamloops, BC:** Feed your family, warm your heart, and support local all in one special event at The Mustard Seed Kamloops' inaugural Harvest TakeAway fundraiser. The Harvest TakeAway serves as a great reminder of the bountiful blessings around us, and this year we have much to be thankful for.

The Mustard Seed Kamloops has teamed up with local food producers to create fresh soup kits featuring an Autumn Vegetable Borscht soup recipe and all the produce to make it. Almost all ingredients will be provided by Thistle Farms with the recipe created by Cordo Resto + Bar's executive chef, Mitch Shafer. Cordo will also be supplying a batch of freshly baked goods with each fresh soup kit.

"Kamloops has some incredible farmers in our surrounding agricultural community who produce an abundance of delicious foods," said Kelly Thomson, Managing Director of The Mustard Seed Kamloops. "I personally love to browse the different stands at the Farmers' Market and pick out fresh produce. The opportunity to support them and create a healthy soup from scratch is a perfect idea for fall."

People are invited to purchase their fresh soup kit which feeds six – 10 people online for \$50 and select a pickup time for Saturday, October 2, between 9 a.m. – 12 p.m. Soup kits will be distributed at a special drive-thru event at the Delta Hotels by Marriott Kamloops, located at 540 Victoria Street. Orders can be placed anytime now until September 27 at [TheSeed.ca/Harvest](https://TheSeed.ca/Harvest) or until the 200 soup kits are sold out.

"The inspiration for this recipe came from the fall season and spending time with our families," said Shafer. "I thought this was a delicious way to support our local farmers, support a fantastic community program that looks after the less fortunate, and have family members spend time together in the kitchen cooking a healthy dinner together."

The Mustard Seed Kamloops would like to thank Thistle Farms for supplying the produce, Cordo Resto + Bar for the recipe and baked goods, the Delta Hotels by Marriott Kamloops, and additional support and sponsorship from the wonderful people at Summit Drive Church and Nutrien.

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#### **About The Mustard Seed:**

The Mustard Seed is a Christian non-profit organization that has been caring for individuals experiencing homelessness and poverty since 1984. Operating in five cities across Alberta and British Columbia, The Mustard Seed is a supportive haven where people can have their physical, mental, and spiritual needs met and grow toward greater health and independence. [TheSeed.ca](https://TheSeed.ca)

#### **To set up an interview with The Mustard Seed Kamloops contact:**

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