

Ritchie Community League

Hi Everyone,

January is a really tough month for many people and this holds true for our community that we serve as well.

In spite of this we have had some really great things going on at the shelter!

HIGHLIGHTS FROM JANUARY

A community member that had low mobility received a walker that someone donated to the shelter, she was in tears because of how much it helped her get around.

A staff member has been streaming the Oilers games to try and bring our community together and have a fun activity that we can maintain social distancing. We are also trying the same thing with football on Sundays.

A community member that got housed and got a job stopped by to say thank you and wanted to show their appreciation how much we helped them change their life.

We had 6199 folks stay with us for the month of January! 495 of these folks were unique NEW individuals to our shelter!

3 people got housed through the shelter during the month of January.

118 participants access our Wellness Advocate. This resource can vary in what they can assist with. This could be getting ID, accessing a doctor or treatment centre, it could be assistance with AISH paperwork etc. All very important ways to take care of your health and wellness!

We are continuing our smudging a couple days a week and also streaming a church service on Sunday mornings for those that are interested. We also have a restful calming time after breakfast each morning where we are hoping to add musicians. This is still in the works and would be just a couple of individuals, observing all Covid protocols, who want to volunteer their time to create a relaxing space for people through music. We are very excited about this!!

This month a lot more community members have volunteered to help in the space as a way they can give back and help, to show their appreciation of how much they appreciate The Mustard Seed shelter and what it provides them. This is so wonderful as people are taking ownership of the space and caring for it and the people in it. We LOVE community!



people stayed
in January



of the 6,199 people
were new to the shelter



people found housing
through the shelter



people accessed
our Wellness Advocate

Thank you everyone, on behalf of The Mustard Seed and our Shelter Staff and Participants!