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Health and Wellness Referral Form

Date: _____

Referral Source: _____

Phone: _____ Fax: _____

Email: _____

Patient Details

Title: _____ First Name: _____ Surname: _____

Gender: _____ Address: _____ Province: _____

Date of Birth: _____ Postal Code: _____

Health Card Number: _____ Family Physician: _____

Phone: _____ Physician Contact: _____

Emergency Contact

First Name: _____ Surname: _____ Relationship: _____

Requested Action

Please only choose one – if more than one is selected, the referral will be returned.

- Advocacy (Adult/Family/Youth)
- ID Clinic
- General Mental Health Counselling (Adult)
- Community Paramedic Clinic
- STI Clinic – testing & treatment by an RN for sexually transmitted infections
- Occupational Therapy (student led)

If requesting counselling, please answer all questions below.

Have you ever accessed counselling before?

Yes No

Have you accessed counselling at The Mustard Seed before? If yes, with who and when?

Reason for Referral